

HIGH BLOOD PRESSURE IN PREGNANCY

3 in 10 pregnant women at Boston Medical Center
have high blood pressure



High blood pressure
in pregnancy is also
known as
preeclampsia

For **Mom**,
it can lead to
seizures, organ
problems, and even
death

Can cause headaches,
swelling in hands and
feet, and stomach
pain

High-Risk Factors

- High Blood Pressure
- Diabetes
- Twins/triplets
- Kidney problems
- Autoimmune disease

For **Baby**, it
can slow growth
and cause early
birth

Moderate Factors

- First baby
- Excess body fat
- Preeclampsia in family
- African American/Black
- Public health insurance
- 35 or older
- History of low birth weight
- Previous miscarriage
- 10 years since last pregnancy



* Talk to your provider
about taking prenatal
aspirin at 12 weeks



Boston University School of Medicine